

# Anne's story

"My name is Anne and I live at Bedford Place in Cookridge. I used to work at Roseville but after that I found I had a lot of time on my hands. Initially, I didn't want to do any other work but after a bit, I became bored.

"I decided I would like to work in a café. My keyworker supported me to contact Mencap Pathway. Martin Brennan came to my flat to meet me. After a couple of weeks Martin took me to Headingley Community Hall café to have a look around and see if I would be interested in doing some voluntary work there.

"I was very interested and Martin arranged for me to go back the following Tuesday morning. Martin has continued to support me to attend there on a couple of occasions and will continue to support me until I feel confident to work there without support.

"Martin is on annual leave next week so I am going on my own. I am really looking forward to this. I like meeting new people and I get the opportunity to sit with people and have a cup of tea myself."

