

Bramley Baths

Day & Time	Activity
Mon 10.00am - 11.00am	Legs, Bums & Tums **
Mon 6.00pm - 7.00pm	Aerobics **
Mon 7.00pm - 8.00pm	Pilates*
Tues 10.00am - 11.00am	Aerobics **
Tues 6.30pm - 7.30pm	Pilates ***
Wed 9.30am - 11.00am	Aerobics **
Wed 6.15pm - 7.15pm	Step Aerobics **
Thurs 9.30am - 11.00am	Pilates **
Fri 10.00am - 11.00am	Legs, Bums & Tums **
Sat 11.00am - 12.30pm	Pilates **

Day & Time	Activity
Mon-Fri 8.30am – 1.00pm	Bodyline Gym
Mon-Fri 4.00pm – 8.00pm	Bodyline Gym
Sat 8.30am – 12.30pm	Bodyline Gym
Sun 10.00am – 12.30pm	Bodyline Gym
Mon-Fri 4.00pm - 8.00pm	Junior Weights
Sat 8.30am - 12.30pm	Junior Weights
Sun 10.00am - 12.30pm	Junior Weights

Additional Information

All classes must be pre booked to avoid disappointment.