

Active Life

Active Life

at Fearnville leisure centre

Oakwood Lane, Leeds, LS8 3LF. Tel: 0113 2402233

Programme of activities for people aged 50+:-

Tuesday

10.00-11.00am	Aerobics
10.00-12.00 noon	Badminton
10.00-12.00 noon	Gym (inductions need to be completed prior to using the gym)
12.00-1.00pm	Swimming
12.00-1.00pm	Aerobics (with Carole)

Wednesday

10.00-12.00 noon	Badminton
12.00-1.00pm	Swimming

Friday

10.00-11.00am	Line Dancing
10.00-12.00 noon	Badminton and Table tennis
10.00-12.00 noon	Gym (inductions need to be completed prior to using the gym)
12.00-1.00pm	Swimming

You can attend as many activities as you like within the 3 hours.

Standard price £4.30

LeedsCard price £2.50

